

Re-Educating Racehorses A Life after Racing

Fred Cook and Rowena Jane Simmonds

This fully comprehensive book guides the reader through the process of acquiring and subsequently re-training a racehorse. It provides an in-depth look at what life was like for the horse at the racing yard and how through correct training and education you can train your horse to become a happy adjusted athlete ready for everyday equestrian activities.

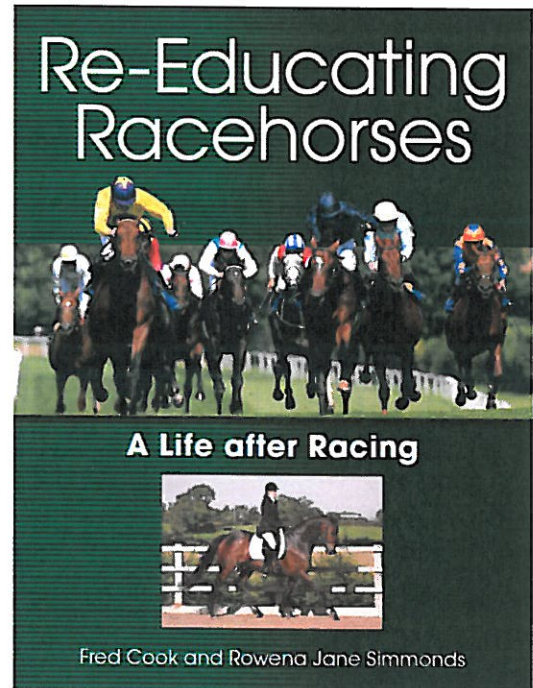
Contents include:

- What to consider when re-homing a racehorse out of training.
- Under New Management; how to ensure a smooth transition.
- Feeding and Nutrition; how diet affects performance.
- Working from the ground; a detailed look at the importance of groundwork training.
- Re-schooling; what is required of you and your horse.

Fred Cook and **Rowena Simmonds** have built up an extensive client base from around the UK and a reputation for their knowledge and skills in handling and training difficult, temperamental and very sensitive horses. It was through their love of the thoroughbred and racing they became involved with the charity Retraining of Racehorses (RoR) soon after it was established in 2000. Fred and Rowena are now the Training Consultants to the Charity. Resident - Lincolnshire

Sales Points

- A practical book that guides the reader through the process of acquiring and re-training a racehorse.
- Gives advice on how you can train a horse to achieve a number of different levels depending on how advanced you wish to go.
- Covers re-homing, feeding and nutrition, groundwork training and re-schooling.
- Superbly illustrated with 158 colour photographs.
- Fred Cook and Rowena Simmonds are experienced trainers and handlers of difficult, temperamental and sensitive horses.



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158 colour photographs
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